Dromana Community House

Neighbourhood House Little Gum Early Learning Food Rescue and Share

Fifteen Gibson street O417 467 734 January to April 2024



Located onsite

Contact Us

O417 467 735

dromanacommunityhouse@gmail.com

dromanacommunityhouse.com



MORNINGTON PENINSULA Shire Community Bank Southern Peninsula Bendigo Bank

Dromana Community House respectfully acknowledges the Traditional Owners of the land where we are located, and Bunurong Boon Wurrung peoples of the Kulin Nation and pay respect to their Elders past and present.



We promise to continue caring for – The Land / the water ways / the sky/the animals / the people.









DROMANA

PH: 0417 467 734

Dromana Community House **Enrol now!**

Offering a range of affordable activities including health and well-being, art, craft, and support for the community

- Our Food share is growing as food prices rise and families are in , ned.
- The Little Gum Early Learning Centre is an integral part of the "House"
- •Office hours: 9 am to 2.30 pm Monday to Wednesday

Annual Registration fee

We appreciate your fees are paid in advance Debit or Credit Card preferred Phone: 0417 467 734 Bank details: BSB 633 000 Account # 150336 014

ACTIVITY FEES

A one off annual fee of ten dollars is required to be paid by all, enrolling in activities.

Little Gum Early Learning

\$30 annual registration per child or \$40 per family plus \$75 deposit which comes off your fees.

On Line enrolment

Coming soon!

We offer low cost activities and prepayment secures your place. Prices are as advertised and we do require minimum bookings for activities to proceed. Full refunds will be given when an activity is cancelled.





At Little Gum we:-

- Provide a safe and welcoming environment where children are encouraged to grow and develop into confident little learners
- Believe in inclusion and recognize that each child is their own person, celebrating the special characteristics that make them unique.
- Follow the Early Learning Years Framework.
- Provide Occasional Childcare and are licensed with Children's Services Victoria.
- Offer up to 16 places per day.
- Offer Childcare Benefits to reduce your fees.

Fees: S75 per session - before Childcare Rebates S30 annual registration per child or S40 per family



15 Gibson Street, Dromana Ph: 0417 467 734

Loving and Greening our community

Garden Gatherina

Visit local gardens and nurseries of interest with these keen gardeners Cost:\$5 plus entry fees if applicable \$10 Annual registration fee

Dromana Community Garden

We meet at Marna Street Tuesdavs: 9 am to 1 pm weekly Sundays: 10 am to 12 pm 2nd in month \$10 annual registration Pay direct to the Garden BSB: 633000.Acc: 150129963

The Community Plate

We are all connected to food that is local, healthy and abundant., check out the Facebook page.

The Seed Pod Garden

Working bees on Wednesdays 2.30 pm to 3.30 pm in our very own aarden at the rear of the House











Monthly outings to local gardens and nurseries

Neighbourhood House

Monday

Little Gum Early Learning - 9 am to 2 pm Pop up food cart - 9.30 am Family History - 9 am to 12 noon- \$5 French Club Lunch - 12 to 1pm - \$5 Art Studio with Julie Hamilton 1 pm to 4 pm - \$120 four sessions Book Club - First of the month - \$5

Homework club - 4pm - Dromana Lions Club

Tuesdav

Little Gum Early Learning - 9 am to 2 pm Pop up food cart - 9.30 am Community Garden working bee - 9 am to 1 pm Tuesday walking - 9.15 am Morning coffee - 10.15 am - \$10 per year Wicking beds and Feng Shui TBA Cafe Catch up - 1st and 3rd of the month Hooks and Needles - 12 noon to 1.30 pm - \$3 Watercolour and Acrylic with Beatrice - 12.30 to 3.30 pm - \$160 Garden Gathering - 2 pm Last of the month - \$5 Community Garden Committee - 5.30 pm -First/month

Wednesday

Little Gum Early Learning - 9 am to 2 pm Pop up food cart - 9.30 am Supporting students Active Volunteering with Tracey Let the blokes "cook up a storm" - \$5 Men's lunch box - \$5 Term 2 Hikers - ask for the schedule -\$10 annual plus rego \$10 Boomerang Bags/Patched and Pieced - 12 noon to 3 pm Seed pod garden tending - 2.30 pm to 3pm Homework club - 4pm - Dromana Lions Club

Thursday

Little Gum Early Learning - 9 am to 2 pm Dromana Food Share - 10 am to 10.30 am - no cost Dromana Community Singers - \$5 1.30 pm to 3. pm Grab and Go meals - 4pm - 4.30 pm - no cost Friday

Little Gum Early Learning - 9 am to 2 pm Pop up food cart - 9.30 am Mosaics - 9.30 am - 11.30 am - \$40 for four weeks



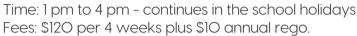


Artistic Pursuits

Monday

Art Studio

Julie Hamilton, supports and guides you while building your individual painting style.



Cricut - We have the machine ready to use!

Easy Cricut projects for beginners are the perfect place to start! Get your feet wet with fun & simple Cricut crafts Time:: 1 pm to 3pm \$5 plus your material ,plus \$10 annual rego Introduction Date TBA Fee \$10

Tuesday

Watercolour sessions

Beatrice Manoukian inspires this creative group of artists using pencils, acrylics and watercolours. Time: 12.30 to 3 pm Fees: \$160 for eight sessions . plus \$10 annual rego.

Watercolour Workshop with Beatrice.

Book now for the next scheduled workshop Friday 12 noon to 3 pm Fee: \$50 plus \$10 annual rego

Hooks and Needles

Join us to learn basic knitting/crochet Time: 12 noon to 1.30 pm Fee: \$3 plus \$10 annual rego.

Wednesday

Boomerang Bags

We gather to sew bags from recycled fabric. Time: Wednesdays from 10 am to 3 pm No cost \$10 annual rego

Patched and Pieced with Annie Bring along your UFO's Time: 12 pm to 3 pm Fee: \$3 \$10 annual rego



Friday

Mosaics with Elain Baker

For beginners includes basic supplies. Time: 9.30 am to 11.30 am Fee: \$40 - 4 weeks plus \$10 annual rego

Lifelong Learning

Monday

Family History with Lynne McKenzie Find out how to research your family tree and share the results in this supportive group . Time: 9 am - 12 noon. Fee: \$5 plus \$10 annual rego.

Dejeuner Cafe - Lunch included

Stay on for lunch. and converse in French Time: Monday starting 12 noon to 1 pm Fee: \$5 plus \$10 annual rego.

Book Club with Liz Bentley

First of the month at 3 pm Fee: \$5 plus \$10 annual rego.

Tuesday

Be Connected Online Learning for Seniors

Monthly workshops with Sara Higgins. Time: 9.30 to 11.30- 19TH February. Fee: \$6 plus \$10 annual rego.

One on One Phone/Ipad / Computer Assistance

First of the month booking essential Sara is a font of knowledge we call her Wiki her background is in desk top publsihing, PR and trouble shooting.

Fee: 30 min. \$15 plus \$10 annual rego From 1 pm

Wednesday

Let the blokes " Cook up a Storm"

Wednesdays 9.30 to 1 pm - **TERM 2** Cooking sessions for blokes who stay on to share a lunch box with other blokes You are welcome to join in at the table from 12 noon. Take home a meal too. Cost \$5 plus \$10 annual rego

Community Bank Southern Peninsula

引 Bendigo Bank

Thursday

Song Book \$16

Singing Circle Join us for a sing along and perform out and about in our community. Time: 1.30 pm to 3pm Fee: \$5 plus \$10 annual registration.







PENINSULA Community WIG CENTRE

A free community service available to women living on the Mornington Peninsula experiencing hair loss due to treatment for cancer. Ph: 0407 525 119



A community initiative taking a collective approach so that we are all connected to food that is local, healthy and abundant!

VINNIES KITCHEN

Thank you <u>Vinnie's Kitchen</u> for the new fridge for our Grab and Go Kitchen at DCH Vinnie's provide a free, two-course meal, 6 days a week. in Rosebud



Rob Pizziol the Dromana Community House Food Share Coordinator

Feeling Fit and Fabulous

Tuesday Walkers

This group has been walking for many years now, along the beach boardwalk- all weather! 9.30 am- sign on at the House and return for a coffee **S10 annual registration and S10 for the activity per annum**

Wednesday Hikers - join for itinerary.

We walk for 12 to 15 kms each Wednesday from different locations on the peninsula. Register to receive the Itinerary. **S10 annual registration and S10 for the activity per annum**

Zumba Gold

Coming in 2024. Please register your interest Phone 0417 467 734

Let them "Cook up a Storm" for blokes TERM 2, 2024

Cooking sessions for blokes who will stay on to share a lunch box with other blokes welcome to join in at the table from 12 noon. Wednesdays 9.30 to 12.45 Fee: \$5 plus \$10 annual rego

> Foundation Bulk Food Store Pick up your Boomerang Bag and whole foods locally 10/ 217 point Nepean road Dromana 3936

Prana Yoga and Wellness

Beach Street Yoga Collective partners with Dromana Community House Yoga by Donation to Dromana Community House Food Relief. www.pranayogaandwellness.com.au

KUZO Group training

Try one FREE CrossFit class so you can experience what it feels like to enjoy getting in shape! Unit 1/3 Thomson Terrace Dromana gday@kuzo.com.au O434 963 113





Dromana Community House is committed to The 5 Rs: Refuse, Reduce, Reuse, **Repurpose, Recycle Australian Initiative**

Blister packs recycing



You drop off empty blister packs for recycling "The money goes to help buy cushions for the patients in the Dialysis Department at the Rosebud Hospital. It also stops them from going into landfill "- Elaine BB Sorting day at the House, join us! First Wednesday of the month at 2pm Boomerang Bags is a global, grassroots movement. Connecting and empowering local communities to tackle plastic pollution at its source.

Recycle the packaging that pills and tablets come in!

We collect fabrics and repurpose into shopping bags on Wednesdays.



DROMANA



The Trailer will be located at the Community House at 15 Gibson street from 4/3/2024 to 29/3/2023

The recycling trailer is available for residents to drop off their unwanted clothing and small electrical items.



The Little Library at 15 Gibbo

Borrow or swap a book in our llittle book box which was made lovingly for us by the Safety Beach Dromana Men's Shed







Return It





Drop off your eligible drink containers to the Dromana Community House 15 Gibson street, Dromana Together we can make a positive difference to our community and our environment. Victoria's Container Deposit Scheme Get 10¢ back by returning eligible containers or donate at the Dromana Return It depot' and donate to the Dromana Community House by scaaning this bar code.

Dromana Return-it **32 Brasser Avenue**



I SAW IT AT ROMANA 5 DRIVE-II

Scan this barcode to accent vo

13:30

Google Wallet

Donation Partner ID

C2000009075

Dromana, VIC 3936

Ritches Loyalty card

Register your card with donations to Dromana Community House



Dromana Association COMMUNITY CO-DESIGN FORUM WORKSHOPS



The key takeaways from the community workshop are shown in the amazing 'Social Mural' created by local artist Trent Downie who spent the evening listening, sketching and inviting direct input from the audience.

Graphical recording is a way to translate complex conversations into a visual medium that enhances the storytelling and clarity of discussions.



Our Community

The Safety Beach Dromana Men's Shed welcomes all men to come and have a look at what we do at the shed. The main emphasis is looking after men's health, especially those who have lost their wife or partner and live on their own. We work on Community Projects as well as your own personal project. If you are interested in becoming a new member, <u>click here</u> for further information. Shed opening hours Tuesday: 9.00 a.m. to 12.00 noon Wednesday: 9.00 a.m. to 12.00 noon



75A Pier Street Dromana. 3936



Dromana Community House is committed to reducing food waste and poverty.



Volunteers rescue food from Vinnies Kitchen, Coles McCrae,Dromana Aldi, Ritchies Dromana, Woolworths Bakeries, Torello, Baker's Delight , Pier Street Bakery, Frankston Fresh Market, Rotary Garden and and local donations.

Volunteer Opportunities

Our community is ready, willing and able to give back! Volunteering is a way to get to know your community and make a difference.

At Dromana Community House

- House keeper wanted on Friday Mornings.
- Receptionist wanted on Wednesday and Friday 12 noon to 2 pm
- Food Rescue wanted to pick up at Coles and Aldi weekly
- Cooking for Grab and Go and Food Share Waitlist
- Be Connected at the House Assisting Seniors with their phones, Ipads and computers
- Boomerang Bags Say no to plastic bags! Retailing at the Community Bank Southern Peninsula Sales support Dromana
- Food Rescue and Share.- Wait list

Local Opportunity Shops

Retail, sorting or display, for a couple of hours per week!

The Rotary Club of Dromana

Looking for friends to help out on special events l

Dromana Community Garden

Lend a hand mowing, weeding or whipper snipping Tuesdays: 9 am to 1 pm and Second Sunday from 10 to 1.

MPSC Volunteer website

Volunteers from our local Secondary Colleges who are undertaking Certificate 11 in Active Volunteering are working in the Food Share Project. Over 25 volunteers rescue food from:-Coles McCrae ,Dromana Aldi, Ritchies Dromana, Woolworths Bakeries, Torello, Baker's Delight , Pier Street Bakery, Bright Sparqe, Dairy Lane and local gardens

